Hypertension Topic Discussion Outline

Date: January 17, 2017

Estimated Duration: 1 hour

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1. Topic Discussion Objectives
   1. Review pharmacotherapy recommendations per updated guidelines
   2. Identify differences in updated guidelines from previous guidelines
   3. Explore special cases in hypertension
      1. Resistant hypertension
      2. Gestational hypertension and preeclampsia
   4. Formulate treatment plans through patient cases
2. Suggested Readings
   1. JNC 8
   2. Resistant Hypertension Review Article
   3. Hypertension in Pregnancy Executive Summary
      1. JNC 7 also makes recommendations on pregnancy
3. Supplemental Video for Special Cases
   1. Khan Academy Pre-eclampsia: https://www.youtube.com/watch?v=70tpqg58Oug